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The Little Book Of Skin Care: Korean Beauty Secrets For Healthy, Glowing Skin



Synopsis

The secrets behind the world's most beautiful skin! In Korea, healthy, glowing skin is the ideal form of beauty. It's considered achievable by all, men and women, young and old—and it begins with adopting a skin-first mentality. Now, this Korean beauty philosophy has taken the world by storm! As the founder of Soko Glam, a leading Korean beauty and lifestyle website, esthetician and beauty expert Charlotte Cho guides you through the world-renowned Korean ten-step skin-care routine—and far beyond—to help you achieve the clearest and most radiant skin of your life. With Charlotte's step-by-step tutorials, skin-care tips, and advice on what to look for in products at all price levels, you'll learn how to pamper and care for your skin at home with Korean-approved techniques and pull off the "no makeup" makeup look we've seen and admired on women in the streets of Seoul. And you'll get access to beauty secrets from Charlotte's favorite beauty gurus from around the world, including supermodels, YouTube sensations, top makeup artists, magazine editors, actresses, and leading Korean skincare researchers. With the knowledge of an expert and voice of a trusted friend, Charlotte's personal tour through Korean beauty culture will help you find joy in the everyday beauty routines that will transform your skin.

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Customer Reviews

This book has been a surprise gem for me. I've always loved makeup colors and looks, but then tended to be very low maintenance, personally. However, I recently decided I was going to put a touch more effort into "me" time, starting with the purchase of a Clarisonic and some other skin care goodies. I saw this book cited in a magazine article where the author's portrait showcased her RADIANT complexion. She seriously glowed in this fantastic non-makeup looking way. I decided to

buy the book and dove right in to the author's world of Korean skin care. Although there are definitely moments where I wish the author went more in-depth, or things were outlined perfectly clearly, I know from experience that food, health and beauty is never "one size fits all". So, instead I allowed myself to enjoy getting carried away to another world I had never really considered before: Seoul. The author's wonderful description of the people, city, food and culture made me want to sign up for a trip instead of just a new beauty regimen... and the plane tickets sure are cheaper than going to Europe. *fidget-fidget* Well, since I don't know a lick of Korean and now isn't a good time for a trip, I used the inspiration and suggestions from this book to pick up an assortment of (freaking seriously adorable!!) beauty products from . She does have a cute little website, and I was considering supporting her until I saw the huge array of offerings on -- and I am sorry, but I am spoiled by Prime! Search for: Tonymoly, Etude, Too Cool for School-- and others! I have to say that with the authors suggestions I felt the confidence trying things out, when I may have been more worried before reading this book if the products were legit. And, wow!

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Techniques for Beautiful, Flawless and Younger Looking Skin
The Original Beauty Bible: Skin Care Facts for Ageless Beauty
The Ultimate Guide To Skin Whitening: The Permanent, Most Effective Solution For Increasing Complexion And Having Beautiful Skin (Beautiful Skin, Improve ... Complexion, Become Fair, Skin Pigmentation)
Bone Broth Breakthrough: Transform Your Body with Bone Broth Protein, the Ultimate Food to Support Gut Health, Metabolism, Lean Muscle, Joints and Glowing Skin
The 5-Day Real Food Detox: A simple, delicious plan for fast weight loss, banished cravings, and glowing skin
Apple Cider Vinegar Miracle Handbook: The Ultimate Health Guide to Silky Hair, Weight Loss, and Glowing Skin! How to Use Apple Cider Vinegar to ... Burn and Arthritis Plus find more Benefits.
Forever Young: The Science of Nutrigenomics for Glowing, Wrinkle-Free Skin and Radiant Health at Every Age
The New Science of Perfect Skin: Understanding Skin Care Myths and Miracles For Radiant Skin at Any Age
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